



SERVICE LEARNING AND CIVIC ENGAGEMENT THROUGH HIGHER EDUCATION

LIAN LUO & ZIQI WANG | VANDERBILT UNIVERSITY

BUILDING BRIDGES THROUGH SHARED EXPERIENCE: COLLECTIVE HEALING IN MUHE PSYCHOLOGY VANDY

ABSTRACT:

Culturally sensitive mental health support at Vanderbilt University is limited for Chinese international students. Our newly formed organization, affiliated with MUHE Psychology, seeks to create a safe and welcoming space for this community. By using psychological knowledge, we host fun, insightful activities focused on mental health, including stress coping strategies. Our poster features visual examples of our programs, participant feedback, and a model for replicating our approach in other communities.

**THEMATIC FOCUS: RESONANCE | DISSONANCE & RESILIENCE |
LEARNING THE CHORDS**

BIO(S):

LIAN LUO

Lian Luo is a senior at Vanderbilt University majoring in Psychology, with a passion for social impact, mental health, and community empowerment. She is actively involved in various organizations, including the founding process of MUHE Psychology Vandy, the Vanderbilt Outreach Initiative Community Empowerment (VOICE), Vanderbilt Innovation Fellowship, and Student Consulting for Non-Profits. With extensive experience in research, outreach, and mentorship, Lian has worked as a Research Assistant at the Mind Over Mood Lab and a Summer Outreach Intern at TELL Japan. Fluent in multiple languages, Lian is dedicated to fostering cultural awareness, supporting marginalized communities, and promoting well-being through advocacy and innovative solutions.

ZIQI WANG

Co-Founder and Co-President of MUHE Psychology Vandy

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